

ASSIGNMENT

RESILIENCE CLUB APPLICATION

Course: Neuroscience and Behavior Lab
University: University of Notre Dame
Faculty: Diane Lane

Details about the audience and course context

- How many students are in the class? *Approximately 30*
- What is the teaching modality (in person, virtual, hybrid)? *In person lab*
- What grade level/year are the majority of students? *Sophomores and juniors*
- Where does this course fall in the curriculum? (Is it in the core or organized within a particular course of study?) *The course is a mandatory laboratory course for the Neuroscience major. It is a hands-on technical lab course that some students find challenging.*
- What virtues are integrated into the course? *Patience, resilience, humility*

Assignment: Resilience Club “Application”

If you struggled with a laboratory assignment, you have the option to reflect on your difficulties and join the Resilience Club. Filling out an application for the club will provide you with 2.5 points of extra credit that will be applied to the lab assignment described in the application. The “application” is a guided written reflection on any assignments that you found to be challenging, where you can think about what went wrong with the lab and consider different approaches for the lab. You can complete this application for any lab throughout the semester.

Application Instructions

1. Describe what went wrong.
 - a. Which lab or assignment you were working on.
 - b. What “should” have happened with the lab.
 - c. What happened when you conducted the lab or experiment.
2. Describe what you did to fix things.
3. Did your fix work?

4. How did you feel during the lab?

5. What did you learn from this experience?

Congratulations! You are now part of the Resilience Club and a true scientist. Perseverance through adversity is how we grow. Great job!